

5-2 Defense

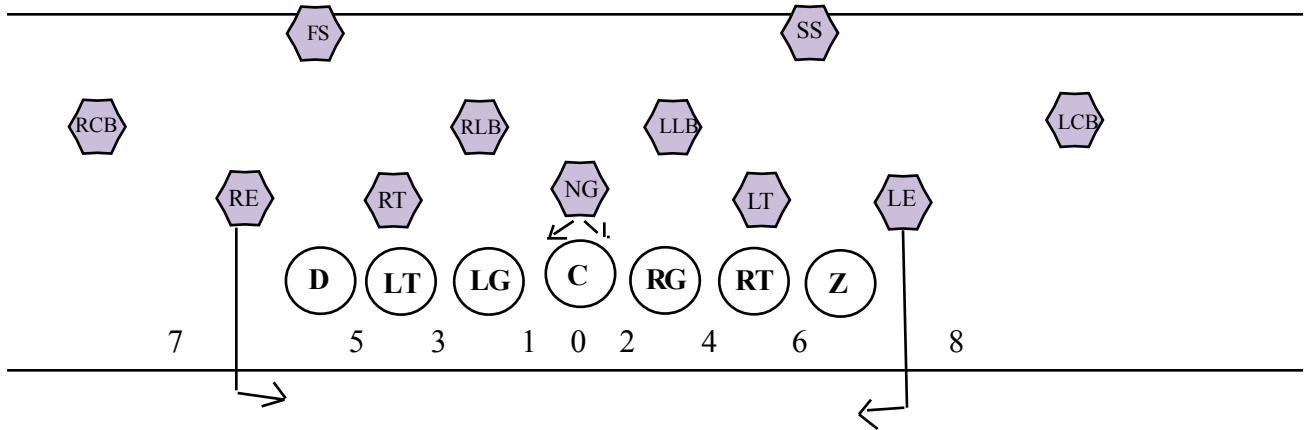
Found On Internet

Description: 5-2 Defensive Scheme. Includes basic defense and attack schemes. Excellent youth football defense.

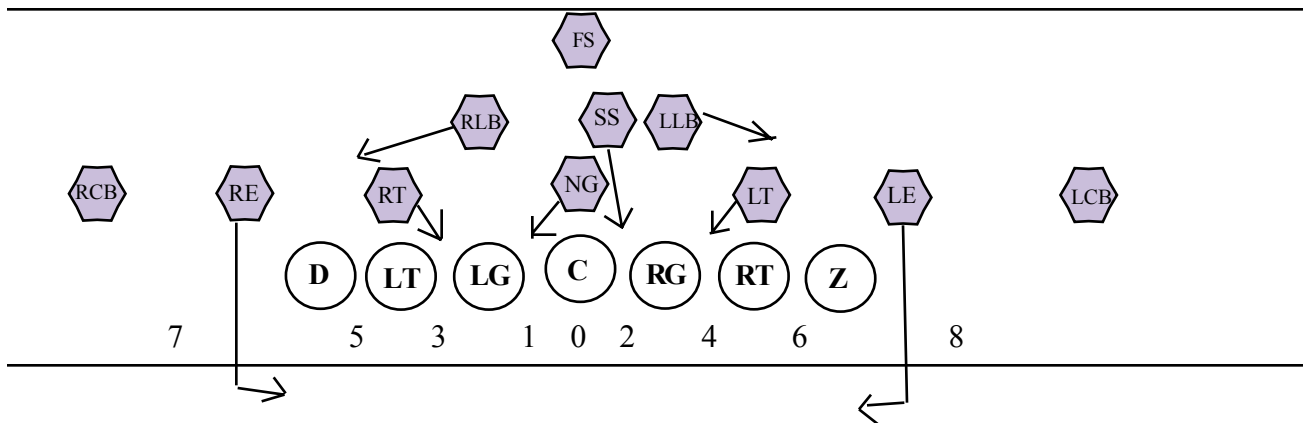
Defensive Scheme

Basic Defense - NG works either side of center. DE's box in untouched. LB's controll inside gaps then off tackle.

5 - 2 Basic

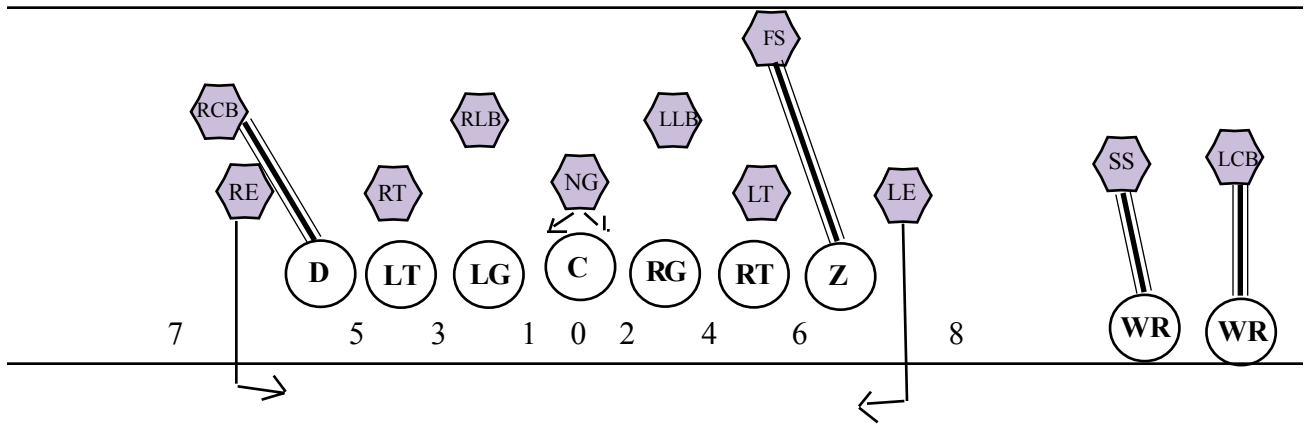


5 - 2 Attack

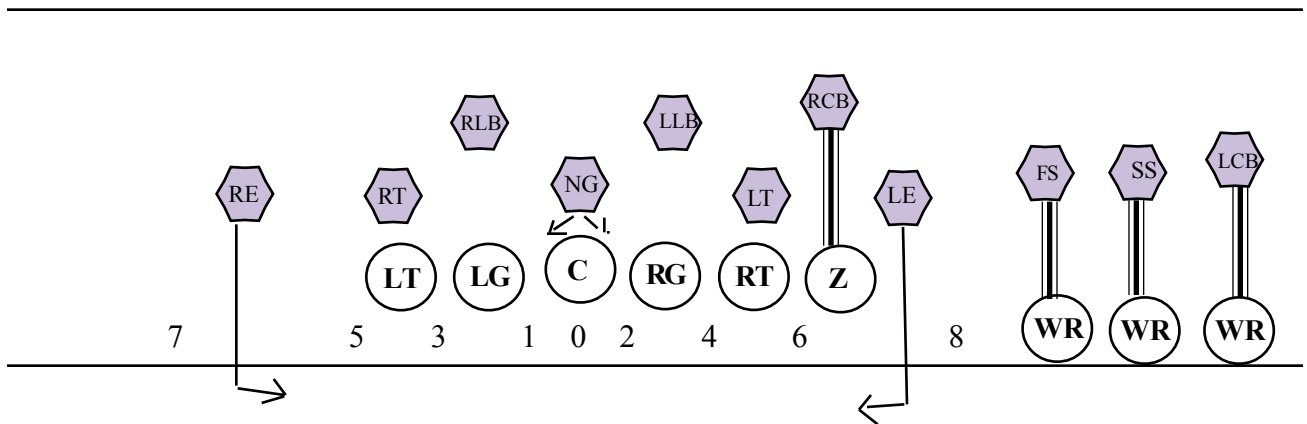


Defensive Scheme

Example Coverages

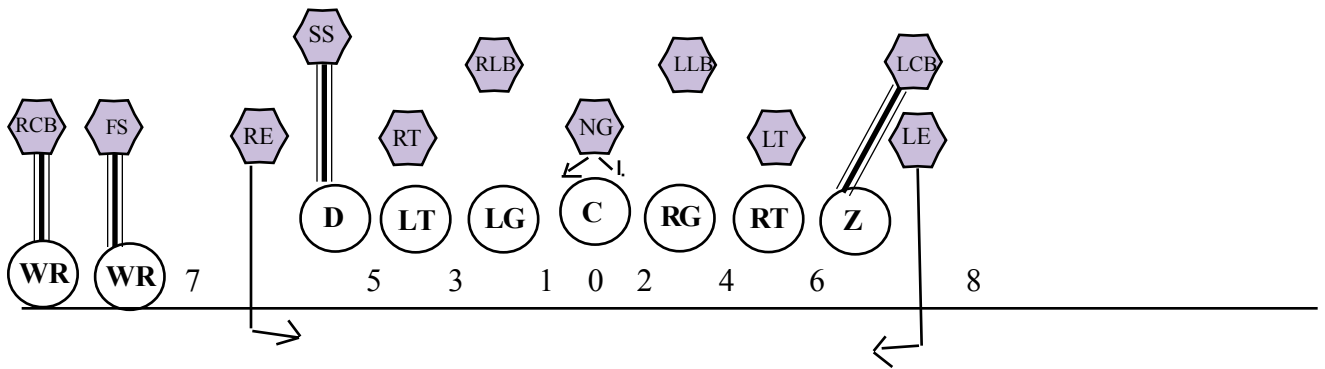


Example Coverages



Defensive Scheme

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